

Mother Earth: The Spring Equinox 2012

An essay by
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First of all, I would like to pass on the gratitude expressed by the Earth Consciousness to all of those who expressed their love and support towards Her on the morning of Tuesday the 20th of March 2012.
Much was achieved and a great deal learned.



Introduction

Over the years, I have spoken to a great many people about the change of consciousness that is occurring on the planet. I always asked the question: What is the best way of achieving soul re-integration? Whether in groups or individuals, the most common answer was: “Somebody will come in and do it for us”.

It was only on very rare occasions that the correct answer was given:
“We need to work on ourselves and work with Mother Earth”.

Why is it that we look for help outside of the Earth?
Could it be that we lack confidence in ourselves?
Could it be that we have adopted the scientific materialistic view and see the Earth as an inert lump of rock?

Could it be that we have forgotten that everything that we are, whilst human, we owe entirely to Mother Earth?
Or, all of the above?

Humans live on a free-floating planet whose very soul has dedicated Her existence to our nurture and well being.
If it was not for Mother Earth, humans would not exist and yet the majority of people never acknowledge Her existence let alone realise that everything that we are, or ever could be, is totally dependent upon Her and the abundance She has provided us with.

We, as a soul, have chosen to come to Earth in order to take on a human life. In order to become human, our soul receives permission from the Earth and then connects to the Earth consciousness.
This is why the first chakra is also called the “root” chakra as our soul connects itself directly to the Earth’s soul in order to take on physical, human form. In order to become human, we literally connect our soul to the Earth’s.
This is how it has always been.

Throughout the whole of human history we have needed to become integrated with the soul of the Earth in order to take on human form and yet we seem to have forgotten this fundamental fact.
We also seem to have forgotten that our soul is much, much bigger than the portion that inhabits the physical body. The soul of a human is immense and, for reasons discussed later, we divided it into two portions: the higher self; comprised of three quarters of the total soul and the physical self; comprised of the remaining one quarter.

We are currently very close to the time where we will be able to fully merge the two aspects of our soul back into the physical body but instead of remembering that in order to achieve soul re-integration we need to work very closely with the Earth, we look to something or somebody from outside of our solar system – why?

Spring Equinox 2012

Since 1996, every soul that has chosen to take on human form has made a series of choices.

The primary choice has been whether to proceed to re-integrating the whole of the soul back into the physical body or not. This was a free choice, nobody stood in judgement of us; this was a decision made by both the higher self and the physical self together.

In the period since 1996, other choices have been made and each human alive on the planet today is very different to what they were in 1996.

The last major decision we individually made was in November 2010 when the opportunity to raise our personal energies was available to us. By raising our personal energies, we would reach frequency parity with that of the Earth.

The reason for the need to achieve frequency parity with the Earth involves a long explanation and is covered fully in my books and previous essays but essentially the story is this:

The soul is pure energy without any physical density. In order to become physical, we needed to slow down the lower frequencies of the soul to match those originally chosen by the Earth.

The frequency originally chosen by the Earth was 7.56 Hz and *all* of the life on Earth resonated at that frequency.

When humans first came to the Earth, we had the whole of the soul within the physical body and we modified our root chakras to also resonate at 7.56 Hz. However, this frequency proved to be too low to maintain the whole of the soul within the human body and so we decided to work with the Earth to find out what this “base-note” frequency needed to be raised to in order to be able to maintain the whole of the soul within the human body.

The Human Plan

The Human Plan was begun 7,000 years ago and all that it was intended to do was to work out what the new base-note frequency was needed to be in order to maintain the whole of the soul within the human body.

This is why it was called The Human Plan; it only really applied to humans, all other forms

of life on Earth were very happy with the original frequency and experienced no problems.

A time limit was set, on The Human Plan, so that if a new satisfactory base-note frequency could *not* be found, humans would leave the Earth and return to their place of soul origin.

This is the purpose of human life over the past 7,000 years and, with a great deal of help from Mother Earth, that new frequency was discovered.

On the 30th of May 2000, the Earth altered Her base-note frequency to the new frequency of 3.5 kHz overnight. All of the life on Earth, apart from humans, also changed their energy patterns on that day. Humans being humans decided we needed a little more time to think about it.

The final date that humans could make their decision was November 2010 and so began an acceleration of human root chakra frequencies that took a year to complete. Finally, on the 28th of October 2011, humans once again achieved frequency parity with the Earth and the human root chakra now resonates at 3.5 kHz - this was the very last date that could be accommodated within the Human Plan.

Remember, this change of frequencies was solely to benefit humans - every other form of life on the planet did not need to make this change.

This is a prime example of how Mother Earth provides for us, nurtures us and gently guides us to help us achieve our goals.

The 28th of October has another significance - it was the actual end of The Human Plan; allowing us the time between 28/10/11 and 21/12/12 to get our act together and undergo our completions.

Those who are familiar with the Mayan Calendar will know that the date 28th of October 2011 was when the Calendar completed all of its “rounds”.

On that date, the Mayan Calendar registered a date of 13.13.13.13.13.13.13.13. signifying the end date. On 21/12/12, the Calendar resets itself to 0.0.0.0.0.0.0.0. signifying that a new set of rounds is beginning and nobody knows

how long the new “Sun” will last but it will be an absolute minimum of 5,000 years.

On the 28th of October 2011, to coincide with our base-note frequency change, a new census was taken as to how many people were ready to undergo soul re-integration.

The result was this:

The human population had dropped from its 1996 peak of 7.4 billion and stood at 3.9 billion.

The census revealed that approximately 2.5 billion declared that they *were* ready; which represented approximately 60 per cent of the total population.

That means that 2.5 billion people considered themselves ready and willing to undergo soul re-integration leaving approximately 1.4 billion people who had chosen *not* to proceed but instead had chosen to leave the Earth and return to their place of soul origin.

Since that census was taken last October, instead of accelerating soul re-integration, the process seems to have stalled and so the Earth asked if a new census could be taken.

There are several reasons why the movement to achieve soul re-integration has stalled and we will discuss those later.

The new census was sent out in the form of a request for assistance. The emails requesting a simple action on Tuesday the 20th of March 2012 were received by many thousands of people in time to carry out the simple exercise if they chose. In addition, the request was made on a human mass-consciousness level and also made through the soul-to-soul connection every human has with the Earth through the root chakra. This meant that every single human on the planet was made fully aware of the Earth’s request.

The results were this:

Nobody expected any kind of response from the 1.4 billion who had decided to not take part in soul re-integration and no response was received.

Of the 2.5 billion people who stated in October 2011 that they were ready and eager to undergo soul re-integration a little less than 2 million responded.

This means that 2.3 billion of the 2.5 billion people who stated in October 2011 that they were ready and eager to move forwards and complete their own soul re-integration either ignored the request, couldn’t give a damn or are still expecting someone to step in and do it all for them, thereby ignoring the Earth.

Mother Earth was not impressed.

Outside Influences

However, the taking of a census was far from the only reason for the Earth making the request made on March 20th.

Over recent years, the Earth has been under increasing attack from beings outside of our solar system.

In recent months, the level of attack has become severe. This attack is specifically designed to slow down the Earth’s frequencies and bring to a complete stop the completion of The Human Plan.

Unfortunately, many hundreds of thousands of humans are also taking part in this attack on Mother Earth.

This was the main reason for the request on March 20th; the Earth desperately needed help in fighting off this attack.

Fortunately, the number of people who gave their love and support to Mother Earth on that day was sufficient to break the main thrust of the attack and clear the energies around the planet.

Many people have felt a lifting of a sense of depression and oppression since the breaking of these energy patterns. Unfortunately, there is still more work to be done and Mother Earth cannot do it alone.

Angels

The beings who are generating forces that are attacking Mother Earth are a race known as the Velon (for full

details of what the Velon have been up to see: *Universal Soul, Human Soul, Project Human Extinction, the Annunaki Plan or the Human Plan.*⁹ and my previous essays).

Most people will be unfamiliar with the name “Velon” and that is because they tend to hide behind a huge number of disguises deliberately designed to fool people into following their agenda.

The names by which most people will know the Velon are:

Annunaki, Hathor, Jjundaa, Johnaan, Oa, Mila, Ascended Sirians, Galactic Federation, Galactic Council etc etc.

But, the name most people know them by is “Angels”.

The name “Angel” has an ancient past. The word itself means “messenger”.

The original use of the word goes back to the days of the Old Testament where it was used by the various branches of the Jewish priesthood to denote those who carried messages between these branches. Messengers were called Angels and the chief messenger was called the Arch Angel.

In more recent times, the Catholic Church reinterpreted the word to mean “Messenger from God” and these messengers were depicted in church paintings as having wings and a halo.

However, in more recent times, the depiction and function of Angels, in a religious sense, became more widespread.

In Britain, it was written into law that everyone in the country must attend a religious service every week. As the vast majority of the population were Christian in their beliefs, they had to attend at least one church service every Sunday or they were fined the equivalent of one day’s pay.

When the Industrial Revolution was in full swing, the mill owners, factory owners, steel works owners, mine owners etc, came together to lobby Parliament to drop the law requiring church attendance in order to gain an extra day’s labour from their work force.

With the law repealed, the industrialists became very much richer, men women and children had to work seven days a week and church attendance dropped dramatically.

In order to overcome the drop in attendance, the church set about attracting new worshippers. The main target for the church became the children of the wealthy and so created new traditions such as Nativity Plays at Christmas and the portrayal of Angels took on a highly romantic gloss.

Most people’s understanding of Angels stem from these romantic Victorian child-friendly images.

However, in very recent years, the image of Angels has changed yet again and instead of most people seeing them as messengers from God, they are seen as “Guardian Angels” who work with you every day to do such things as find you a parking space.

In reality, these types of Guardian Angels are “spirit guides”.

Spirit guides are disembodied souls who have died in their human life (left their physical bodies behind) and have stayed around to help loved ones in their lives.

These kinds of spirit guides are usually a great aunt or uncle, a grandparent or someone who you know from this life but they have recently died. These are the souls that mediums and clairvoyants communicate with.

Then there are spirit guides who take on the form of a Chinaman or a Native American, or some other similar guise. These types of guides are not the same as your great aunt Elsie staying around to help you but are, in fact, your own higher self presenting themselves in a form that calls on your own past lives. In other words, you were that Chinaman or that Native American in a past life and your higher self is using that persona to say to you that you have the experience from that past life that can provide wisdom and help in this life time.

When people now speak of “Angels”, what they really mean is a spirit guide and so the name has become very misleading and, in many respects, confusing.

Into this lack of proper definition and confusion has stepped the Velon.

The Velon are a race of “semi-physical” beings who originate from a galaxy 32 galaxies distant from our own.

The term “semi-physical” means that they are beings whose whole soul is within their bodies but their bodies are considerably less dense than humans. To each other, they are as solid as humans are to each other but humans would not be able to see them in their natural state unless they were particularly psychic. The semi-physical races are the ones who travel in “UFO’s”.

For full details of the Velon plans, see *Project Human Extinction*.

Essentially, the Velon underwent some kind of epiphany which made them believe that they were the people who should be living on Earth. When they arrived here, about 300 hundred years ago, the Earth rejected them and they have been forced to remain outside of the solar system ever since.

However, a small group of the Velon did manage to break through into our solar system and land on Earth. Once they landed, they travelled back in time to about 6,000 years ago and dictated a story to a Sumerian scribe. This story was recorded on clay tablets and they have remained buried under the desert sands until Zecharia Sitchin began to translate them (see *The Annunaki Plan?* or *The Human Plan?*).

The story that is recorded on these clay tablets is that the Velon – in the guise of the Annunaki – are the creator gods of humans.

The story is complete fantasy but the translator of these tablets, Zecharia Sitchin, insists that the Annunaki story is the basis of the Old Testament.

Since Sitchin’s books, containing his translations, first appeared in the mid 1960’s many, many thousands of people have fallen for this fantasy story and firmly believe that the Annunaki (Velon) came to Earth and created humans.

This belief actively works against Mother Earth.

In addition to the thousands who see the Annunaki as their creators there are also many thousands who follow the Hathor. Again the Hathor are of Velon origin and have fooled humans into believing that the music they

channel is beneficial to both humans and the Earth.

The Hathor have made direct attacks on the Earth, through their “celestoriums”, but in addition the music they have channelled is aimed directly at attacking the Earth by introducing energy frequencies, that are incompatible with the Earth Herself.

Other branches of the Velon race have channelled numerous requests for humans to build “portals” that are energy gateways from the Earth to outside of the solar system designed to allow the Velon free access into the solar system bypassing the solar system guardians and deliberately going against the Earth’s choices.

By deliberately acting against the Earth’s freedom of choice, they have broken the only “law” that this Universe works within – absolute freedom of choice to choose one’s actions but such choices cannot remove another soul’s right to choose their own actions.

Given that the Velon have broken the only law that this Universe operates within, they have been forcibly evicted from the rest of the Universe.

They would also have been evicted from the area around the solar system if it was not for the number of humans who actively want the Velon to stay.

Over the years, the Velon have contacted many channels on Earth claiming that they are beings who have come to Earth at this time to help us with our soul transitions.

The organisation that calls itself “Ashtar Command” has promised that they will supply ships that will transport humans away from the Earth in order for humans to “Ascend” to a “5th Dimension”. Many thousands of humans have fallen for this and continue to wish that Ashtar Command would arrive.

Then there is “The Galactic Federation” and “The Galactic Council”, both of whom are Velon and promise their help in humans achieving soul re-integration but re-timed to 2025 or 2032 instead of the planned 2012.

In addition, there are hundreds of other organisations and individuals who channel material to human channels claiming that they are here to help. All of these organisations and individuals are Velon.

According to the Akashic, in the past ten years, every (100%) channelled message received by human channels has originated from the Velon - no matter what source it is claimed the messages come from, the ones producing the messages are the Velon.

The Velon have become such a problem that all of the other races have stopped channelling messages to human channels in the last ten years.

If you receive any kind of channelled message, it will be from the Velon and no one else.

However, by far the biggest problem is with the Velon adopting the disguise of being "Angels". Given that most people's perceptions of Angels are of the romantic child-like Victorian sort, several million people have begun to work with angels as it seems to be a sort of gentle, harmless pink and fluffy sort of thing to do.

The problem is that every time you call on your "Angel", you are actually reinforcing a connection to the Velon. Every time you reinforce this connection, the Velon implant you with an energy device or, if you already carry an implanted device, another device is implanted in your home.

Given the number of people who have fallen for the Angel fantasy, the number of Velon energy devices has risen to the point where they put Mother Earth under direct threat.

It was this direct and immediate threat that made Mother Earth cry out for help on the Spring Equinox.

In addition to the energy devices implanted into those who call on their angels, and into their homes, the Velon, who control the Illuminati, have found ways to implant huge energy devices that are used by the military.

The main installation that uses Velon energy devices is HAARP.

HAARP is mainly used to alter weather patterns and use the weather as a weapon but the military has also admitted that they are using HAARP installations, now numbering 39, to flood the Earth with extra low frequency energies (ELF). The official reason is to use the ELF as ground penetrating radar to uncover underground terrorist bases as well as to discover previously hidden mineral and oil deposits.

As we noted earlier, the Earth raised Her base-note frequency specifically to help humans achieve soul re-integration. The ELF energies are specifically used to slow down the Earth's frequencies with the intention of stopping people from re-integrating.

All of these actions put Mother Earth under threat and all of them are supporting the Velon.

To return to the question of "Angels":

About a year ago, many people received a suggestion that they invite three angels into their home for five days. All people had to do was to accept the suggestion and they would be placed on a waiting list and notified of the day on which these angels would turn up.

On the appointed day, you had to open your front door wide at 10.00 pm at night and welcome the three angels into your home. The three angels would remain in your home for five days but you would not know what they were doing for those five days and you were told not to question them. Then, on the fifth day, you would once again open your front door wide, at 10.00 pm at night, and thank the three angels for their visit.

Over 5,000 people fell for this.

Think about it for a minute.

If a friend rang you up and said:

"I am sending over three total strangers who you will welcome into your home. You will not ask them who they are or what they will be doing, but you must welcome them in for five days and nights. At the end of the five days and nights, you will open your front door for them and thank them for their visit".

Your first reaction would be to ask:

"Who are these people?"

"What do they want with me?"

"What will they be doing whilst they are here?"

"What problems am I letting myself in for?"

The chances are that you would refuse your friend's request without having a great deal more information.

Over 5,000 people fell for this.

Over 5,000 people opened their front doors and let these angels in.

Except:

These were not angels; they were Velon. Every home that they were invited into had a Velon energy device implanted within it and every person within that household was also

implanted with an energy device. Every single one of these implanted energy devices emitted energies that were aimed at attacking Mother Earth.

By continuing to call upon your “angel” you are disempowering yourself and endangering Mother Earth. Instead of an angel; call upon your higher self.

Guardians

There are those who act as “guardians” to the Earth. These souls have taken on the task of helping the Earth to fend off any attacks that originate from outside the solar system and are aimed at the Earth.

When the Velon first arrived here, Mother Earth rejected them and the guardians ensured that they did not enter the solar system.

Some Velon did manage to gain entry to the solar system but fortunately not that many. Even so, the few that did enter set about becoming influential in human affairs (see *Project Human Extinction*).

The remainder, many millions of Velon, were forced to stay outside of the solar system.

As they began their activities against the Earth, the Earth’s guardians were able to remove the vast majority of them.

The actions made by the Velon broke the one “Universal Law” - removing freedom of choice. In so doing, it allowed those who exist outside of our solar system to take action and the Velon have been evicted from this Universe (see *Human Soul*).

However, by then, the Velon had made contact with a large number of humans and these humans, effectively, invited the Velon in. In other words, these humans made a free choice to invite in the Velon who had contacted them. Given this choice was freely made; those particular Velon could not be evicted along with the rest of their race. In all, 3.2 million Velon were able to remain close to our solar system and continue their attack on Mother Earth because humans wanted them there.

To explain “freedom of choice”:

Every soul that has been Created to inhabit this Universe has absolute freedom to choose their actions. The only limiting factor is that you cannot choose to act in such a way that it

prevents another soul from making a free choice.

This “Law” applies throughout the whole Universe and it has never been broken by souls from within this Universe until the Velon attempted to take over the Earth.

As soon as the Velon actions became clear, they were removed from the Universe.

Humans invited the Velon in and humans continue to freely choose to have the Velon here. Because of this freely made choice, the guardians’ ability to evict the Velon is extremely limited. Whilst humans continue to freely invite the Velon to stay, the guardians can do very little.

It could be said that, in contacting people through channelled means, the Velon did not present themselves as Velon but as some other race or being and that would be true.

But, instead of questioning who the Velon were and what their intentions were, the channeller just accepted them.

Don’t forget that we all have a higher self who tries to advise us and keep us on the straight and narrow but we have freedom of choice and have a tendency to ignore the messages of the higher self, our intuition, especially if our egos are being inflated by the events that our higher self is attempting to warn us against.

In addition, through our root chakras, we all have a soul to soul connection to Mother Earth and so on a deep level, these channellers would have known that Mother Earth rejected the Velon.

Also in addition, the human mass consciousness contained information on the Velon and why they had been rejected.

So all in all, there were no real reasons why people should have been fooled by the Velon because all the information warning people about the Velon and their intentions was freely available.

And yet, some people’s egos were such that they overrode all of the warnings because they wanted to be seen as somebody special because they had been contacted by beings from outside of our solar system.

To explain what I mean by ego:

A few years ago, I was approached by a group of people who asked me if I could help and advise them to open an energy portal.

My first question was “Who has asked you to open a portal?” They couldn’t answer.

My second question was “Why do those who have asked you want a portal built?” Again, they couldn’t answer.

My third question was “If you don’t know who has asked you and you don’t know why they want a portal, why do you want to build a portal?” Their answer was that “They would feel that they had carried out ‘important’ work and their group would be recognised for so doing”.

That is ego overriding common sense let alone the mass consciousness, their higher selves and Mother Earth.

Needless to say, I declined their request.

As far as everybody else is concerned, we still have gullibility about accepting the Velon, in whatever disguise they chose to present themselves in.

Everybody alive on the planet today knows, on some level or another, that we are undergoing a change of consciousness but most people look at their lives and think “how can I change?” and the usual answer is “I’ll have to do some work on myself but I am not sure I want to do that”. Into this area of self doubt stepped the Velon offering a magic, easy fix to these problems - “We’ll take you through to the 5th dimension, don’t you worry about it” and people said “yes please” in droves.

If you were walking down the street one day, thinking about life’s problems and you were approached by a total stranger. The stranger said to you “I can see that you are troubled, let me deal with all of your problems for you”.

The very first thing that would enter the heads of the vast majority of people is “What are they after, what are their motives. Nobody walks up to complete strangers and offers to take care of all of their problems for them”.

And yet people fell for the offer made by the Velon in their thousands without once questioning the motives of the Velon.

Is it any wonder that Mother Earth asked for another census? - especially as so few humans responded in a positive way.

So, Where Do We Go From Here?

According to the Akashic, there are currently one and a half million people on the planet who have fully re-integrated the soul back into the physical body. All of these 1.5 million took part in the exercise to support Mother Earth on the Spring Equinox.

It must be remembered that all of these 1.5 million people underwent full soul re-integration at a time that they chose (freedom of choice) and all of them underwent full soul re-integration at a time when all of the current world problems, as well as their own personal problems, existed.

In other words, there is no barrier to *anyone* on the planet undergoing full soul re-integration if that is what they choose to do at any time they choose.

If a sufficient number of people underwent full soul re-integration, the Velon would be defeated and Mother Earth would return to nurturing Her children.

So what is stopping people from doing this?

Nothing.

Everyone has absolute freedom of choice to choose their actions and so any, or all, of the 2.5 billion people who stated last October that they were ready to complete soul re-integration can so do anytime they choose.

The problem is that many of the statements made by these 2.5 billion about their state of readiness were a little optimistic and seems to be mainly due to The Human Plan coming to its end.

Most people seem to have said “The Human Plan has ended and I have one year to sort myself out so I had better say I am ready even if I am not!”

I can hear many of you starting to say something along the lines of:

“So where does he get off criticising me? If he is so wonderful, why hasn’t he undergone soul re-integration?”

The answer to that is: I did undergo full soul re-integration 10 years ago but it was requested that I return.

Since the age of 7, I knew that I could access a source of information that others could not – this is the Akashic. Also, for the past 30 years I have been working as a healer and, in recent years, as a psychic surgeon.

10 years ago, I underwent the process of change, of soul re-integration.

It was wonderful, beyond anything that I had imagined. Every sense becomes heightened to a level where every single colour becomes a rainbow of colours that do not exist in the physical world. Every smell is expressed in colours and impressions of what originated it (although you can switch off to the more unsavoury ones). Touching something is like reading its history and, if it is living, its sense of being. All of the senses become so enlarged that we do not have the vocabulary to express the sensations in words.

Every thought takes on a reality, every sensation becomes a part of you and every living thing shares its reality with you. It is a world beyond human imaginings, beyond human experience and beyond description.

However, given my ability to read the Akashic and to heal people, I was asked if I would reverse the process and return to the world of the human and begin to write about human history and human potential. How could I refuse Mother Earth?

So, 10 years ago, I returned and continued to write my 11 books, to give talks and to push my potential as a healer as far as I could.

My healing work developed in ways which allowed me to remove implants from people's bodies, particularly Velon implants. This work I did for many years and frequently came under attack by the Velon. Unfortunately, the Velon found a way through my defences – long story – and ended up causing me considerable physical damage.

This damage meant that I had to give up seeing people for healing and stop giving talks. Instead, I have written more books and more articles and essays to try to encourage people to understand that we are a part of Mother Earth, we have a potential and that potential can only be fulfilled by undergoing soul re-integration.

My experience of soul re-integration is an extremely happy one. The transition was unbelievably simple and straight forwards – I experienced no difficulties or problems of any kind. One minute I was my normal self; the

next my “super self”. The only problems I experienced was with returning to my previous state – that process took several days of recovery.

I am just me – nothing beyond the ordinary, nothing beyond anyone else but if I can undergo soul re-integration in such a calm and peaceful way, I cannot understand why anyone is reluctant to fulfil their potential and to honour the promise they made to Mother Earth at the start of The Human Plan 7,000 years ago.

To explain a little about a “full soul state”:

We are used to living our lives with one quarter of the soul intact within our bodies – the physical self. When the other three quarters of the soul are brought into the physical body, the body undergoes numerous changes.

The body becomes lighter in density and emits an internal translucent glow. Our energy field, the aura, glows very brightly and extends a huge distance beyond the body.

In other words, it becomes extremely obvious that you are not like other people but have an energy about you that marks you as very different.

If someone in this whole soul state walked down their local high street, they would immediately be recognised as someone “different” and either thought of as being some kind of “alien” or, more likely, be treated as some kind of “god-like” figure and a new religion would be built around them.

This is why you will not meet any of the 1.5 million people who have already undergone soul re-integration. They live in isolated communities well away from the westernised world and have cloaked themselves in psychic protection barriers. If anyone, who has not re-integrated, approaches them, they cloak themselves behind these barriers and their presence will not be felt.

What was the promise we made Mother Earth?

In order to explore the problems related to the Earth's base-note frequency, we divided the soul into the higher self and the physical self.

In return, Mother Earth agreed to allow us to remain on the planet in a condition She considered to be “sub-human” – a Human Being, Mother Earth considers to be a fully physical being with the whole of the soul

contained within the body. Whilst in our sub-human state, She would allow us a great deal of latitude in how we behaved and what avenues of research we pursued; as long as at the end of the 7,000 years allotted to The Human Plan, we returned to our true Human Being state or we left the planet.

This 7,000 year period runs out on the 21st of December 2012 (21/12/12) and there *cannot* be any time extension.

Not only was the time limit set by Mother Earth, it was also set by us and every other soul within this Universe has been doing everything they can to help us achieve our goals and fulfil our promise to Mother Earth - well, everyone in the Universe apart from the Velon as it turns out.

2.5 billion people on Earth stated, as of the 28th of October 2011, that they were ready and able to undergo full soul re-integration. Whilst many agreed together that it would be better if we all underwent soul re-integration together so that we could sweep away the influence of the Velon and the Illuminati in one move, not all of the 2.5 billion agreed to that.

So since the end of October 2011 we should have seen a slow trickle of people completing. As the trickle continued, it should have triggered a growing number of people completing until the growing number of completions brought about the tsunami of over 2 billion souls sweeping away all those who would oppose human soul re-integration.

This has not happened. And yet, at the time of writing, we are almost five months beyond October and only eight months away from December.

The reasons for this lack of forwards movement has been difficult to understand; certainly the Velon presence and influence does not account for the problem as, after all, 1.5 million people have already completed soul re-integration.

So where does the problem lie?

On the face of it, there should be no problems at all given that all of the necessary energy patterns are in place and are freely available to everyone who chooses to make use of them.

The Velon are definitely a problem but they are causing people to be misled, as proven by the 1.5 million, if someone is ready to undergo

soul re-integration, even the Velon cannot stop them.

The problem is with people themselves.

Most of the 2.5 billion who claim that they are ready and able appear not to be. If they were, they would have changed.

People's choices that were confirmed in October 2011 seem to have been very optimistic and coloured with a great deal of wishful thinking.

So how can you tell if you *are* ready?

This process of self-discovery is detailed in *The Human Soul* but here is a simple exercise that can help you understand where you are:

Say a family member, a friend or a work colleague starts to criticise you; what is your immediate reaction?

1. You react angrily, totally denying the criticism and think of a way of criticising the person back.
2. You burst into tears and apologise profusely.
3. You consider what they have said and think about your own behaviour. If the criticism is accurate, you apologise and say you will deal with it. If the criticism is not accurate, you gently explain to the person that their criticism is unwarranted.

If your answer was 1 or 2, you still have some way to go to resolve your "issues" before you can re-integrate.

If your answer was 3, it means that you are well on your way to where you need to be and probably could re-integrate at any time you choose.

That is a very simple exercise to illustrate what is meant when people say you still have "issues" to resolve.

Issues are really just an indication of how honest you are with others and how honest you are with yourself.

In answer 3, the person honestly considers whether the criticism is valid. If it is valid, they modify their behaviour. If the criticism is not valid, they calmly explain that the person making the criticism is mistaken. That is being honest with themselves and with others.

Everybody needs to take a long hard, but most of all, honest look at themselves to see if they are totally honest with the world. If you are not, then you need to make some changes in the way in which you see yourself and your relationship with other people.

That is all that is needed. It is that simple - total honesty with yourself and with others indicates that you are ready to move on.

If you realise that you are not totally honest with yourself or with others, you are not ready for soul re-integration and you will need to deal with your lack of honesty very quickly if you still want to undergo soul re-integration.

The Future

Every single soul who is currently in human form chose to be on Earth at this time. Nobody has been forced to be here, every soul made a totally free choice to be here at the end of the Human Plan.

I'll say that again:

Every soul that is in human form, freely made a choice to be a part of the completion of The Human Plan.

That means that every single one of the current 3.9 billion population could have completed soul re-integration.

Many have chosen not to undergo soul re-integration and that is a matter of a choice freely made by them as an individual. Nobody has stood and judged them - they have judged themselves and, for whatever personal reasons, have decided that they will not continue.

As far as Mother Earth is concerned, that is fine; She wishes them well and hopes that they will find their completion when they are away from the Earth. And She is letting them go with Her love.

For those who have chosen to remain on Earth and complete our individual parts of The Human Plan, we have some hard decisions to make.

Do we take the extra few steps necessary to resolve our issues or do we not?

Don't forget, The Human Plan has already completed and we only have until 21/12/12 to fulfil our choices.

There is one thing to remember in all of this:
NOBODY CAN DO IT FOR YOU!

Only you can move yourself forwards and you cannot take anyone with you.

Neither can anyone take you with them.

If you have chosen to undergo soul re-integration then it is you and you alone who has to take action to fulfil your choice.

Many people say that they are not sorting themselves out because of their partners, their children or their parents (see *The Human Soul*).

The reality is that each of the people with whom you share your life is an individual soul and they have made their own choices. They will either undergo soul re-integration or they will not.

YOU CANNOT TAKE THEM WITH YOU.

If their choice is not to undergo soul re-integration then there is nothing you or anyone else can do, to change that situation.

They have made their choices based on how they see themselves and how they see the world - did they take your choice into consideration when they made their choice?

NO.

So what makes you think that you can change their choice? You can't.

If you have chosen to proceed through your own soul re-integration then you cannot take anyone else's choice into account. It was your choice and they have made their choices if their choice is not the same as yours, you must leave them behind if you are to stay on Earth.

This may sound harsh but it is the reality. Freedom of choice is absolute. If you try to drag somebody with you because you don't think that have made the right choice for themselves, you are breaking the fundamental energy patterns on which this Universe was Created.

Not only are you trying to go against their freely made choice but you will also hold yourself back because whatever you try to do for them will fail and you will run out of time for you to do what you need to do for yourself and you will fail. Is that what you want?

The other concern people have is to do with what happens to their pets? If they complete their soul re-integration, will their pets be OK?

All animals are very psychic and so they know what you want of them. The problem is that we usually do not know what they want from us.

Undergoing full soul re-integration means that you will not leave your pets behind but will be able to live with them but with you having full psychic communication with your pets. Both of you will know exactly what the other wants and so you will have the perfect partnership.

That is a situation which is worth speeding up your soul re-integration to achieve!

The problem is that humans are being humans and are endlessly prevaricating – I want to do this, but...

Humans will always find an excuse for not doing something and the more times you use the word “but” is an indication of how far away from soul re-integration you really are.

Every single person on the planet has made up their mind about whether they undergo soul re-integration or not. Now is the time to take action.

Remember the agreement we made with Mother Earth at the start of *The Human Plan*: We will give ourselves 7,000 years to find the new base-note frequency that is needed to return to being a true Human Being living on Earth. If we fail to achieve this goal, we will leave the planet and return to our place of soul origin.

That is the agreement all of us freely entered into with Mother Earth.

It means what it says:

If I do not re-integrate the whole of my soul back into my body by the end of the 7,000 year period, I will die, leave the Earth and go somewhere else.

Given the census results from the Spring Equinox on the 20th of March 2012, it looks as though on the 21st of December 2012, the total Human Being population will amount to something like 2 million.

The remainder of the human population will either have died or be in the process of dying.

Where do you see yourself next Christmas?

Will you be on Earth enjoying yourself as a true Human Being?

Or will you be floating around in the Universe somewhere – literally a lost soul?

It is your choice.

Only you can choose.

Only you can act.

Think about it

and think about Mother Earth.

The books and recordings listed below are all about human history and the healing books are guides to how you can heal yourself of any ailment without recourse to pharmaceutical drugs or remedies.

The Human Soul was specifically written to help people work out and understand where they are in this process of soul re-integration and how to deal with some of the problems that inevitably arise.

Synthesis was written specifically to help people understand human history in relation to the events of 2011 and 2012. It also contains meditation exercises designed to help you make closer and stronger connections with your higher self, to work out what “issues” you have remaining and need to resolve as well as a meditation to help you access the kind of information that is recorded within the Akashic.

The author has been working as a psychic and psychic surgeon for about 30 years. He was born “hard-wired” into the Akashic, the record keeping aspect of the Universal mass consciousness, which he can access at will without any form of meditation or intermediary.

He is the author of 11 books, has two 2 hour interviews available on DVD and four one hour radio interviews available on:

www.thespiritguides.co.uk

also a one hour radio interview available on:
www.oneradionetwork.com

as well as a 2 hour interview on YouTube.

He lives with his wife, Di, in Wales.

Books & Recordings by the Author

**Books about Earth and Universal History by
Chris Thomas**

The Journey Home
The Fool's First Steps
Planet Earth - The Universe's Experiment
The Universal Soul
The Human Soul
Project Human Extinction - the Ultimate Conspiracy (co-written with Dave Morgan)
All the above books published by Capall Bann
www.capallbann.co.uk

The Annunaki Plan? or The Human Plan?
One will kill you; the other will save your life.
Synthesis
The above two books published by Fortynine Publishing,
PO Box 49, Llandysul SA44 4YU

**Books about Healing by
Chris Thomas and Diane Baker**
**Everything You Always Wanted To Know About Your Body But, So Far, Nobody's Been Able To
Tell You.**
The Sequel To Everything - The Case Histories.
The Healing Book.
These three books published by Capall Bann.
www.capallbann.co.uk

Two DVD's are also available of interviews with the author.
Hardwired into the Akashic by Terje Toftenes which last approx. 2hrs 20 mins.
The Velon Threat to Human Existence
by Miles Johnston which lasts approx. 2hrs.
(this interview is also available on YouTube)
Both DVD's are available from:
eileen@gibson398.orangehome.co.uk

Four one hour audio interviews are also available on:
www.thespiritguides.co.uk
A one hour audio interview is also available on
www.oneradionetwork.com

All books and DVD's are available at discount prices from: Cygnus Books
www.cygnus-books.co.uk

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Whilst Amazon lists some of these titles, they have never placed an order with the publishers.